

# Oxygen Ions Enriched Cupping

Healing Wisdom Bay Area Acupuncture

# Benefit of Cupping

- **Cupping is an ancient Chinese method to:**
  - **Relax muscles**
  - **Encourage blood flow, reduces muscle tension and inflammation, and promote healing**
  - **It calms nerves system, an excellent treatment for high blood pressure**
  - **Cupping is used to relieve shoulder and neck pains, upper or lower back pains, joint pains, stiff muscles and fatigue, migraines, anxiety and more...**

# Type of Cuppings

- **Wed Cupping -**
  - **Acupuncture Needles + Cupping**
  - **Insert acupuncture needles and then put cupping over it**
- **Dry Cupping -**
  - **Fire Cupping : use fire to exhaust the air inside the cup so that the cup can be sucked on body surface**
  - **Vacuum Cupping : use a pump to remove the air inside the cup so that the cup can be sucked on body surface**
- **Oxygen Ions Enriched Cupping - a type of Dry Cupping with supply of oxygen ions into the cup**

# Benefit of Oxygen Ions Enriched Cupping

- **Besides the benefits of a cupping has, the Oxygen Ions Enriched Cupping has the following more benefits:**
  - **Supply Oxygen ions to the treated area**
  - **Deep lymphatic drainage**
  - **it sucks and pumps at the same time to open blockages and increase circulation of blood lymph and fluids**
  - **When used in breast tissue, it helps clearing blocked lymph nodes, which promotes preventing breast cancers and tumors**
  - **When used in your face, it brings vitality to your skin and promotes younger looking**

# Benefit of Oxygen Ions Enriched Cupping (con't)

- **The Oxygen Ions Enriched Cupping can also:**
  - **Reduced the symptoms of enlarged prostate for**
    - **Frequent or urgent need to urinate**
    - **Frequency of urination at night**
    - **Difficulty starting urination**
    - **Weak urine stream**
    - **Dribbling at the end of urination**
    - **Inability to completely empty the bladder**
  - **Be more efficient in release body pains and discomforts**